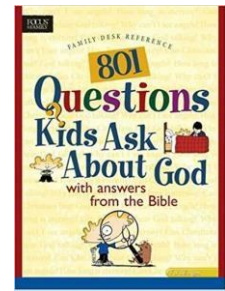




Is it bad to memorize a prayer and say it every time we pray?



It is never bad to pray a sincere and humble prayer, and memorized prayers can surely be part of that. The problem with memorized prayer is that we might get to know the prayers so well that we only say the words without thinking about them.

What matters is our attitude. Jesus wants us to say what we mean and mean what we say, not “babble on” in prayer. Our prayers should be sincere and express our true thoughts.



[Jesus said,] “When you pray, don’t babble on and on as people of other religious do. They think their prayers are answered only by repeating their words again and again.”

Parent Note: Memorized prayers can be very inspirational and educational. Take the time to help your children understand their meaning and what they are asking. Then encourage them to add their own words on the same topic to help make the memorized prayers relevant.

September 20, 2020